



Saturday Family Cooking Club

Fortnightly term - time only
10.30am - 12.30pm

Parents/carer come along with your child/children and our chefs will show and help you create a main meal and pudding for you to take home to enjoy. Please bring container for the food to go home in.

**Learn how to
use your smart
phone or tablet**

**Free digital sessions
at the Dickinson Centre**

Mondays 3.30-4.30pm
For more information please call 02392489811

We will provide coffee and cake!
You will need to bring your own tablet or smart phone.



Everyone Welcome 2023 Christmas Day Lunch

At Park Community School

There are many reasons guests join us for Christmas Lunch,
we are very happy to see everyone.

Timings approximately:
Arrival time: 12 noon
Lunch served: 1pm

*150 joined us for Christmas
Day lunch 2022*

To book:
Email - munch@pcs.hants.sch.uk



Community Food Programme at



Where we are...
much
more than
just a **school**

Providing a range of programmes and
services for our community

023 9248 9811
munch@pcs.hants.sch.uk
Middle Park Way, Havant PO9 4BU
www.facebook.com/pcsmunch

We are here for everyone!



What is MUNCH?

We provide free hot meals for families. There are many reasons why people come; for example to meet up with other families, help with the budget in the holidays, loneliness or just want a lovely fresh cooked meal that is **FREE!**



If you feel you wish to contribute there is always a charity bucket for donation.



SCHOOL HOLIDAYS

12-1pm

2023

February 13th - 17th

April 3rd - 6th & 11th - 14th

30th May - 2nd June

24th July - 25th August

October 18th - 20th



Timings

Tuesdays 4-5.30pm

Free hot meals for families and adults
(No unaccompanied children)

Thursday 4-5.30pm

Free hot meals for everyone

Free Sunday Roast 1-2pm

1st and 3rd Sunday of every month



This is managed by a small team of our students.

The Wall houses items of good quality clothing, shoes, and accessories that have been collected from the community and rejuvenated so that they can be used and loved again by someone else. We have a new theme for our wall every 6-8 weeks.

Members of our community can come and take an item if they need it. If a donation is possible we would appreciate it as it will enable us to clean and repair future donations.

For more information:

Tammy Seaman School Youth Worker
t.seaman@pcs.hants.sch.uk



The Munch Community Pantry has been open since November 2020.

The Pantry help families by providing a range of food items getting more for less.

£5 =
an average of
£15 worth of food!

Choose from a selection of
groceries, fresh and frozen food



Monday - Friday 11am - 2.30pm
Dickinson Centre, Park Community School
Middle Park Way, Havant, PO9 4BU

